

# Old Lyme



# Events

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Volume 5 • Quarter 3 • 2011



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**Old Lyme Visiting Nurses**  
**Pet Parade!**

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## Selectman's Corner

The green recycling carts are working out very well since their introduction in May. The statistics for June show recycling volume increased 41 tons while refuse pick up decreased 36 tons. The 41 ton increase represents a 49% increase over June of last year. This means the Town saved about \$2,000 because it costs less to dispose of a ton of recycling than it does to dispose of a ton of refuse. This dramatic one month increase will likely not be the trend for the year, but it does show we are doing a good job. Please be sure to place only eligible recycling items in your green can so that our recycling stream is of high quality. While the bi-weekly schedule has presented some confusion, we wanted to initiate the recycling collection program conservatively and only go to a weekly schedule if demand dictates. Please be aware that you can confirm your recycling pick up schedule and which items may be recycled by consulting the Town web site [www.oldlyme-ct.gov](http://www.oldlyme-ct.gov) or Shoreline's web site [www.shorelinesanitation.com](http://www.shorelinesanitation.com). Please continue to increase your recycling rate!

At the Special Town Meeting held on July 18th, the voters approved unanimously to have the Town of Old Lyme enter into a 15 year Municipal Services Agreement (MSA) (Nov 2012 to June 2027) with the Connecticut Resources Recovery Authority (CRRA). The MSA is the document that stipulates the terms governing how Old Lyme disposes of its refuse once

Shoreline Sanitation deposits it in the transfer station in Essex. The Town has a 25 year MSA with CRRA that will expire in November of 2012. The terms of the new MSA are more favorable and the cost to dispose of a ton of refuse is committed to decrease from the current \$69 per ton to \$61 per ton, an annual savings of about \$32,000. This decrease relates to a more favorable rate CRRA will receive for the electricity it generates from the trash to energy plant it operates in Hartford. We considered another refuse vendor, but that vendor could not guarantee the Town access to a conveniently located transfer station.

The Town also renewed its Household Hazardous Waste (HHW) Agreement for 5 years, with two 3-year options. The Agreement spells out the terms under which 10 lower CT River towns dispose of their HHW at the facility we all own in Essex, next to the CRRA transfer station. The former agreement ran for 10 years and has worked well. This arrangement provides



First Selectman Timothy Griswold

*continued on page 2*

*Laid back nights, small plates,  
chilled martinis...*



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• *Selectman's Corner continued from page 1* •

us 14 Saturdays per year to dispose of HHW. Last year, 2,221 households used the facility and over 40 tons of HHW were diverted from the trash stream and the environment. Please use the facility and check out the schedule on the Town's web site. On a similar note, we now offer free electronics recycling at the Transfer Station on Four Mile River Rd., as opposed to the Hazardous Household Waste collection center in Essex. We have contracted with a vendor from New Hampshire which will collect all types of electronics at no cost to the Town.

After three years of planning and permitting, we will repair the Duck River culvert under McCurdy Rd. (near Johnny Cake Hill Rd.) in August. Rather than replacing the culvert at great expense, the contractor, Black and Warner of Unionville, CT, will insert a new liner pipe inside the existing six foot concrete

pipe. Once in place, a concrete slurry will be injected into the space between the pipes, which will seal any openings and strengthen the original pipe. We appreciate the significant amount of engineering help we have received from Nathan L. Jacobsen Associates, Inc. of Chester. We also removed a lot of dead or damaged trees and vegetation from the culvert headwalls and we will landscape the area after the job is completed.

At the Special Town Meeting held on July 18th, the voters approved unanimously to purchase approximately 81 acres of open space owned by Steven Ames at a price of \$810,000. The Town paid \$405,000 at closing from the Land Acquisition Fund and will pay the balance over three years at 2.0% interest, using funds from the Fund. Steve accelerated the gift of an additional 36 adjacent acres which is next to the previously acquired 70 acre Edward and Deborah Ames Preserve, so the entire preserve now consists of about 187 acres. This property has some wonderful attributes, including the "Indian Caves". We thank Steve for his generosity and vision to protect this important natural resource. We encourage other land owners to follow Steve's example and invite them to speak with a member of the Open Space Commission.

We reported on the Town budget last month and commented that the budget for the State of CT had not been finalized. At present, the State budget is still not finalized and we do not know exactly what funding the Town of Old Lyme will receive. Because of the Town's perceived wealth, we do not receive very much State funding (3% of our budget). Accordingly, we will be able to handle whatever cut the State makes to our support and we thank our legislators and our lobbying advocates (Connecticut Conference of Municipalities and Council of Small Towns) for their good efforts in preserving municipal funding. After all, if State support to the towns and cities were severely cut, we would have to make that up by raising property taxes and/or cutting expenses.

Speaking of State funding, in June the Town applied for \$478,000 Small Town Economic Assistance Program (STEAP) grant to expand the Rogers Lake boathouse and to make upgrades to Hains Park. The boathouse was built in 1983 and is too small for the current rowing programs that are run by Regional School District 18 and by the Old Lyme Rowing Association. The programs serve about 200 rowers during the

*continued on page 3*

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• *Selectman's Corner continued from page 2* •

spring, summer and fall. While a majority of the rowers live in Lyme and Old Lyme, they also come from towns as distant as Avon and Stonington. This grant application has motivated members of the Conservation Commission and others to begin development of an environmental program to improve the water quality of the lake and the waterfront. We hope to hear about the grant approval in the fall.

During the summer, the population of Old Lyme grows from 7,500 to over 16,000, much of that concentrated in the beach area on Long Island Sound. Such an increase, including the daily influx of young day trippers, presents a challenge for all of us. With the formation of the Sound View Commission, under the leadership of Frank Pappalardo, the dialog between the beach communities and Town government has improved. There have been several meetings to discuss a variety of issues including overcrowding, flooding, snow plowing, blight and finances. We have also formed a Water Resources Committee to analyze the impact of development on the Town's water resources. Our water comes from wells and we must be aware of things that would negatively affect our wells. One concern is the exportation of our water out of town, by means of a sewer pipe or a regional water network. In the extreme, if water is not recycled within the borders of Old Lyme but is sent out of town, will our wells either run dry or experience salt water intrusion? It seems possible, so we have asked the Committee to study this and make recommendations to the Board of Selectmen.

Another concern is the use of synthetic pesticides in town. The State of CT requires all schools to use natural pesticides but the same is not true for Park and Recreation facilities (fields). Some residents have requested that the Town voluntarily stop using synthetic pesticides. On the other side of the coin, the pesticides currently used have been approved by the EPA and they are applied by licensed applicators. They have proved to be effective at keeping our fields in good condition, particularly with the increased amount of use they now experience, given the High School construction project. We have formed the Pesticide Awareness Committee to study this issue and make a recommendation to the Boards of Selectmen of Lyme and Old Lyme and to both Parks and Rec. Commissions. We have a significant investment in Park and Rec. fields so we must be sure a conversion to natural pesticides will not compromise their quality.

Thanks to Officer Tom Heinsen, the Police Union and other volunteers, the former marine patrol boat has been returned to service in the CT River and along the shores of Long Island Sound. The boat had been stored at Public Works for about three years but, after an extensive evaluation, it was determined to be seaworthy and the volunteers got to work. Recently, the patrol boat assisted two young men in a row boat off of Old Colony Beach that was drifting away from shore. The boat will be a resource for the police, the Fire Dept. and other town agencies, as needed. A \$9,966 Police and Youth

*continued on page 4*



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# Events

MAGAZINES



## Old Lyme Events

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**Publisher & Editor**

David V. Winstead, Ph.D.  
dwinstead@eventsmagazines.com

**Director of Advertising**

Diane Brown dbrown@eventsmagazines.com 860-383-6376  
Advertising Sales in East Haddam, Essex, Old Lyme & Old Saybrook

**Advertising Sales**

Ward Feirer wfeirer@gmail.com 914-806-5500  
Advertising Sales in Chester, Clinton, Haddam, Madison & Westbrook

**Art Director/ Designer**

Kathy Alsop kathy.events@comcast.net 860-391-4372

**Magazine Layout**

Amy Bransfield

**Proofreader**

Michele Dickey

**Motor Sports Editor**

Dana Hill

**Video & Games Editors**

Tom & Liz Pester

**Music Editor**

Wayne D'Amico

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## Old Lyme Social Services

The Old Lyme Social Services Department is taking applications for the following programs: Renter's Rebate, Energy Assistance, SNAP (food stamps), Conn Pace, Warm the Children, Husky, WIC, and NuStart. Residents must be able to provide the following documents: income/paystubs, rent/mortgage receipts, utility bills, recent bank statements, and others. To make an appointment please call Sherry at 860-434-4127.

The Old Lyme Social Services Department is accepting donations for their "Give a Gallon" program. The price of home heating oil is expected to possibly reach \$5.00 a gallon. We have many families in Old Lyme that could use some extra help this coming winter season. Please consider giving a gallon or two! Make donations payable to the Old Lyme Emergency Fuel Fund and mail it to Old Lyme Social Services, P.O. Box 924, Old Lyme, CT 06371. For more information please call 434-4127.

— Sherry A. Meyer, Director/Social Services  
Coordinator

### • *Selectman's Corner continued from page 3* •

Program grant application that was submitted by Officer Marty Lane on behalf of the Lyme Youth Service Bureau was approved by the State of CT. The grant will fund a 12 month program during which at least 4 police officers will work with about 15 students to develop leadership and team building skills through friendly competitions.

At the Special Town Meeting held on July 18th, the voters elected Paul Fuchs to fill the remaining term of Alice Burbank on the Board of Education, until January 2012. We congratulate Paul and thank Alice for her four years of dedicated service to the Board.

The Town's Mid-Summer Festival was held on July 29th and 30th and it was a big success. While the weather was a problem for the Friday evening concert at the Florence Griswold Museum, the show went on and the hearty had a good time. Saturday was beautiful and the public turned out in force. Due to the High School construction, the fireworks could not be held this year but we hope to bring them back next year.

Last, but not least, we were sad to say farewell to our Resident State Trooper, Scott O'Donnell, who has accepted a Trooper position out of town. After a selection process, Gary Inglis was selected as our new Trooper. Years ago, Gary was a police officer in town, so he is well versed about Old Lyme. Unfortunately, after about a week in town, he was involved in a motor vehicle accident on the exit 70 on ramp which aggravated a prior back injury and he is now out on medical leave. In the meantime, Trooper Larry Morello had been assigned as our Trooper so we welcome him to town.

The Selectmen join me in wishing you all a pleasant fall season.

— First Selectman Timothy C. Griswold



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**Lyme:** A circa 1750 New Hampshire Blacksmith Shop is the centerpiece of this exquisite country retreat. Reconstructed on an exceptional 5-acre site in 2002, Skip Broom returned in 2010 to make changes & add a kitchen/guest Wing. Now 4500 SF with 4BR suites. M9129268 \$2,495,000  
Ellen Henderson 860.961.9643



**Lyme:** Circa 1775 home masterfully restored in 1992 adding modern amenities to the orig. farmhouse. New eat-in kitchen w/exposed beams. 5BRs, 5.5 baths. Elegant DRw/ fpl. Ingrd pool, stone patio, exquisite gardens w/Monet-like pond.  
M9128845 \$1,750,000  
Colette Harron 860.304.2391



**Lyme:** Designed by noted architect, this dramatic waterfront home has a contemporary flair with views and access to an inlet of Hamburg Cove, perfect for small boat activity. Sunlit rooms and open, flexible floor plan are hallmarks of this stunning home.  
M9124803 \$895,000  
Jennifer & Jane Associates 860.227.6634



**Old Lyme:** Fabulous! Completely restored in 2010. This 4BR home sits in the heart of Old Lyme village. Bright rooms, wood floors, and a classic porch overlooking a great front lawn. Close to marinas, beaches, and golf. Two hours from New York & Boston.  
M9128306 \$845,000  
Jamie Childs 860.501.2110



**Lyme:** Architecture etched in stately elegance. Stone floors, multiple fireplaces, cascading light from a myriad of glass walls, light shafts and skylights flood this sequestered entertainer. Patios or decks from every room blend perfectly with estate setting.  
\$799,900  
Edward Hillyer 860.235.3424



**Old Lyme:** Antique Colonial in Historic Old Lyme Village near Art Academy. Large formal LR w/fireplace, den/office w/fireplace, large formal DR w/fpl, eat-in kitchen and sunroom on 1st floor. 3BRs, 3 baths and sunroom on 2nd floor and 4th BR in attic.  
M9129038 \$699,000  
Joe Kelly 860.287.1222



**Old Lyme:** This pristine Beach Farms home is move-in ready. Spacious open floor plan includes a kitchen/great room, office, music room, DR, MBR suite with sitting area & walk-in cedar closet. Large level landscaped yard. Private community close to beaches!  
M9128819 \$588,000  
Rick Weiner 860.227.3191



**Old Lyme:** Exceptional village location, marsh views & walk to library & schools. Remodeled 4BR Cape has hardwood floors, 3 fpls, kitchen open to FR & walls of windows for light & peaceful views. Legal in-law, private rear yard & brick patio.  
M9127288 \$497,000  
Ellen Henderson 860.961.9643



**Old Lyme:** Well maintained 3BR year round home in white sands beach assoc. Eat-in kitchen, LR and large three season porch. Short walk to sandy beach, tennis and recreation field. Moor your boat at the beach.  
M9126605 \$425,000  
Joe Kelly 860.287.1222

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# Assessor's Office

Assessment Date of Taxable Property in the Town of Old Lyme is **October 1**.

The Town of Old Lyme has complied with the provisions of Section 12-41 of Connecticut General Statutes. It is no longer necessary for persons liable for taxes of Real Estate and Automobiles registered with Connecticut Motor Vehicles Department to file Tax Lists with the Assessor annually as covered under Section 12-42 of the General Statutes.

Owners of tangible Personal Property, other than registered automobiles, such as commercial furniture, machinery and equipment, leased equipment, unregistered automobiles, camp trailers, etc., must file personal property list with the Assessor annually during the month of October. Failure to file prior to **November 1, 2011** forces the Assessor, by law, to file the list and add a 25% Penalty (Sec. 12-42, PA 87-245).

Totally Disabled Persons, if they meet the requirements of Section 12-81(55) of the General Statutes, are eligible for the \$1,000. Exemption upon submission of proof of such a disability between **October 1, 2011 and January 31, 2012**.

Any individual who is Blind is entitled to an exemption under Section 12-81(17) shall provide proof to the Assessor and must file between **October 1, 2011 and January 31, 2012**.

Ex-Servicemen claiming statutory exemption because of physical disability, in addition to regular exemption, must submit exemption certificate from the Veterans Administration annually to prove claim.

Veterans must have filed this discharge (DD214) in the Town Clerk's office by **September 30, 2011** in order to receive exemption. Section 12-81(g) provides for an increase in the property tax exemption amount granted to a qualified veteran if certain income requirements could be met.

Persons on active duty must present to the Assessor Sec. 514 of the Soldiers and Sailors Act or a letter from their Commanding Officer stating date of entry and that they are on active duty. Any service person on active duty claiming Connecticut as his or her legal residence is entitled to one car exemption if the car is garaged out of state.

An application for property owners claiming land as farm, forest, or open space should file an application before **October 31, 2011**. The only exception is during a revaluation year, when the deadline is extended to December 30. No other extension of the filing period is available, and failure to file within the prescribed time period is a waiver of the right to the classification for the assessment year commencing October 1.

List must be filed at the Assessor's Office, 52 Lyme St., Old Lyme, Connecticut 06371. OFFICE HOURS ARE MONDAY THROUGH FRIDAY, 9:00 A.m. TO NOON AND 1 TO 4 P.M.

— Walter E. Kent, Jr. CCMA II, Assessor

## Old Lyme Town Hall • 860-434-1605 www.oldlyme-ct.gov

### Old Lyme Municipal Departments

Department	Contact	Phone
Animal Control	Sandra Bannon	434-3047
Assessor	Walter Kent	434-1605 x218
Board of Selectmen	Timothy C. Griswold, First Selectman	434-1605 x211
Board of Selectmen	Skip Sibley	434-1605 x212
Board of Selectmen	Bonnie Reemsnyder	434-1121
Building	Ron Rose	434-1605 x230
Emergency Management	David Roberge	434-1605 x231
Finance	Doris Johnson	434-1605 x215
Finance Director	Nicole Stajduhar	434-1605 x232
Fire Marshal	David Roberge	434-1605 x231
First Selectman	Timothy C. Griswold	434-1605 x211
Harbormaster	Michael Moran	434-1605 x212
Health	Vijay Sikand, M.D.	434-1605 x214
Town Historian	John Pfeiffer	434-8829
Land Use	Kim Groves, Kim Barrows	434-1605 x236
Parks and Recreation	Don Bugbee	434-1605 x235
Police	TFC Scott O'Donnell	434-7080
Probate Court	Hon. Jeffrey McNamara	739-6052
Public Works	Ed Adanti	434-2461
Registrar of Voters	Patricia McCarthy & Don Tapper	434-1605 x226
School District #18	Superintendent of Schools	434-7238
Senior Center	Sherry Meyer	434-4127
Social Services	Sherry Meyer	434-4127
Tax Collection	Judith Tooker	434-1605 x216
Town Clerk	Eileen Coffee	434-1605 x221
Treasurer	John Bysko	434-3632
Zoning Enforcement	Ann Brown	434-1605 x225
<b>Other Agencies</b>		
Library	Mary Fiorelli, Director	434-1684
Youth Services Bureau	Mary Seidner, Director	434-7208

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900 _____	\$3,195.00 _____	\$3,168.00 _____
1000 _____	\$3,530.00 _____	\$3,500.00 _____
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## Election Day

Election Day is Tuesday, November 8. Polls will be open at the Cross Lane Firehouse from 6 a.m. to 8 p.m. Absentee ballots are available through the Town Clerk's office. Applications for absentee ballots may be downloaded from the Town website ([www.oldlyme-ct.gov](http://www.oldlyme-ct.gov)).

Candidates for the following offices will be elected on November 8:

- First Selectman
- Board of Selectman
- Town Treasurer
- Tax Collector
- Board of Finance
- Board of Assessment Appeals
- Planning Commission
- Zoning Commission
- Zoning Board of Appeals
- Regional District #18 Board of Education

The deadline for voter registration is the 14th day prior to Election Day for mail-in applications and the 7th day prior to Election Day for in person registration.

New voters may register at the Town Hall with the Registrars or in the Town Clerk's Office Monday through Friday, 9 a.m. to 4 p.m.


Special Voter Registration sessions at the Town Hall are scheduled for Saturday, October 22, 10 a.m. to 2 p.m., and Tuesday, October 25.

Exceptions to these dates may be made only for those who turn 18 or become Old Lyme residents or US citizens between those deadlines and Election Day. In those instances only, voter registration is accepted by noon the day before Election Day.

The Lyme Old Lyme Chamber of Commerce is sponsoring Meet the Candidates nights, when Board of Education candidates will answer questions posed by moderator Olwen Logan. The Board of Education candidate night is co-sponsored with the LYSB.


Board of Selectmen candidates will participate in a moderated Q&A session. Dates for both events are not yet determined. Questions for candidates may be submitted in advance to LymeLine.com or mailed to PO Box 4152, Old Lyme, CT 06371. All questions must be received no later than Friday, October 7 to be considered.

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# Town Clerk's Office

## Congratulations!

We congratulate the following on their recent marriages:

Andrew Louis Montanaro III & Maryjo Bitgood, May 7  
 Duane Anthony Beffa-Negrini & Suzanne Scott Connah, May 21  
 Jordan Marshall Chabot & Michele Lee Whipple, May 21  
 Martin John Wollack & Michelle Lynn Heath, May 21  
 Joseph Michael Vozarik, Jr. & Victoria Wagner Barri, May 28  
 Derek S. Harrison & Julia L. Kelley, May 29  
 Nicholas Joseph Spera & Deborah Marie Hally, June 17  
 Francesco Maruca & Brittany Barbara Frances Formica, June 18  
 Alexander Emerson Hiller & Nani Eduardovna Meshkova, June 22  
 Edwin Thurston Belmer & Caitlyn Mary Concascia, June 25  
 Keith Preston Meehan & Mariah Mary Jeffrey, July 1  
 Scott William Fulton & Adria Laurence Viscardi-Gellar, July 2

## With Sympathy

We would like to express our condolences to the families of recently deceased Old Lyme residents:

Elizabeth Rose Browne	Joan Patricia Murphy
Filomena C. Dolce	Fay Robinson
Margery S. Gephard	Nicholas Sarris
Joan B. Kennedy	Albert J. Saunders, Jr.
Christa Macht	Jill Elizabeth Vercelli
Beatrice Fox McLean	Mary W. Wallace

— Eileen K. Coffee, Town Clerk and  
 Vicki Urbowicz, Assistant Town Clerk

# The Bowerbird Kicks off Shop Local Initiative

## About The 3/50 Project:

Created to build loyalty and increased revenue for independent, locally owned businesses, the 3/50 project relies on a simple message: "Pick 3. Spend 50. Save your local economy."

- Pick three locally owned businesses you'd hate to see disappear, and then return to them.
- Spend \$50 per month in locally owned businesses. If half the employed U.S. population did so, it would generate more than \$42.6 billion in revenue.
- For every \$100 spent in locally owned businesses, \$68 returns to the local community. When spent in a big box, chain, or franchise, \$43 remains. Purchases made online return nothing.

Please stop by The Bowerbird, located in the Old Lyme Marketplace, to receive more information about the 3/50 Project. You may also wish to contact the founder of the 3/50 Project, Cinda Baxter, at (612) 435-0423.

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## Grandparents and Visitation Rights

It can happen in any family, as one generation disagrees with another. Sometimes that might be the teenage children having a different idea of “family fun” than everyone else, or maybe it’s a grandparent disagreeing with how their child is raising the grandchildren. Family friction is normal.

Sometimes, though, these normal disagreements can turn extreme. In Connecticut, the case of a parent refusing grandparent visitation resulted in new legislation to address the issue of grandparents and visitation rights.

During this recently passed session, the Connecticut General Assembly passed legislation to look into the issue of grandparent visitation rights. House Bill 6453, “An Act Establishing a Task Force to Study Grandparents’ Visitation Rights,” won approval by the General Assembly. The task force will study the legal and social issues related to grandparents’ access to visitation.

Connecticut General Statutes (§ 46b-59) allow grandparents and third parties to petition for visitation under specific circumstances. In the case where a parent forbids visitation, the Connecticut Supreme Court ruling in *Roth v. Weston* set a very narrow exception for such visits when a parent objects. It’s known as “the Roth test.”

In *Roth v. Weston*, a maternal grandmother and aunt petitioned for visitation with children whose father had terminated it after the children’s mother committed suicide. The relatives claimed that



State Representative Marilyn Giuliano

visitation was in the children’s best interests, although they did not contend that the father was unfit as a parent. In his response, the father presented reasons why he believed visitation was not in the children’s best interest.

*continued on page 11*

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• *Visitation Rights continued from page 10* •

The Connecticut Supreme Court said a petition should not be granted. It ruled that the above mentioned statutes would be unconstitutional unless it required any third party, including a grandparent or a great-grandparent, seeking visitation to make specific and good faith allegations that (1) a parent-like relationship exists between the child and the person seeking visitation and (2) denial of the visitation will cause real and significant harm to the child. These two points make up what is known as "the Roth test" for visitation. The degree of harm caused to the child would have to be more than a simple determination that visitation would be in the child's "best interest" as argued in the case by the grandmother and aunt. It must be a degree of harm analogous to a claim that the child is "neglected, uncared-for or dependent" within the meaning of Connecticut's child abuse statutes in order for a visitation petition to be granted.

Once this high threshold is met, the petitioner must prove the allegations by clear and convincing evidence. The reason for this is to guard parents' rights against unwarranted intrusions to parents' custody and authority.

Should you be interested in this legislation or any other passed by the General Assembly, please contact my Hartford office at 800-842-1423.

— State Representative Marilyn Giuliano

*Rep. Giuliano represents Lyme, Old Lyme, Old Saybrook and coastal Westbrook in the Connecticut General Assembly.*

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## It's a New (Academic) Year at Lyme Academy College

**A new BFA class begins, a new exhibition opens, a new Continuing Education & Pre-College program starts**

Old Lyme is frequently referred to as an “arty” town but rarely as a college town – and yet here in the heart of the community you can find Lyme Academy College of Fine Arts – the smallest, independent, four-year fine arts college in the country. It is a highly regarded college nationally and one of only a handful that still includes the traditional skills of figurative and

representational art in its curriculum. The majors offered in our Bachelor of Fine Arts degree are painting, drawing, sculpture, and illustration.

As fall 2011 begins, the Class of 2015 has also just started its freshman year at the College. This class, like those before it, will pursue a common Foundation Year in which they will learn the necessary skills to depict accurately elements of the visual world. This first year also affords students the opportunity to develop a community of peers and prepare for a successful transition to their choice of major. The first two years provide a thorough grounding in all major subject areas, while the third and fourth years lead students into greater self-exploration and visual problem-solving. As seniors, students receive studio space and complete a two-semester course in which they generate an independent body of work.

A new exhibition opens at the College Friday, Sept. 30, with a reception from 5 to 7 p.m. Members of the community are always welcome to attend our opening receptions and take the opportunity to view the exceptional artwork on display at the College. This upcoming exhibition features the work of our talented studio faculty and is always an especially popular show.

The community is also invited to participate in our extensive fall program of Continuing Education (CE) and Pre-College Classes. The program includes foundation, intermediate, and advanced courses in digital illustration, drawing, painting, and sculpture. This semester, technical workshops and an opportunity for CE students to display their artwork have been added. Scheduled flexibly to complement work and school schedules, these classes offer the opportunity for adults to work in a studio setting with skilled artists who provide expert instruction at all levels.



*Students at Lyme Academy College.*



*Students at Lyme Academy College.*



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The Pre-College program is designed especially for students aged 15 to 18 who wish to explore and expand their artistic abilities. It aims to foster creativity, build artistic skill, and mentor personal vision in young artists. Visit the College's

*continued on page 13*



## Artistry in Motion Road Race

Fourth Annual Artistry in Motion Road Race – Saturday, September 10. The Lyme/Old Lyme Education Foundation will be hosting its 4th annual Artistry in Motion 10K & 5K Road Race and 1 Mile Fun Run on Saturday, September 10, 2011 at 9:00 am. All events start at Sound View Beach in Old Lyme and take runners by some of the most picturesque, natural vistas Old Lyme has



to offer. The 10K is mostly flat with some gently rolling hills along country roads. The 5K is very flat and very fast. Both races are capped off with a finish down historic Hartford Avenue facing the beach. Go to [WWW.AIMROADRACE.ORG](http://WWW.AIMROADRACE.ORG) for more information or to register for the Artistry in Motion Road Race.

• *Lyme Academy College continued from page 12* •

website at [www.lymeacademy.edu](http://www.lymeacademy.edu) to view details of all the CE and Pre-College courses and register online or call the College at 860.434.5232 and request a CE brochure be mailed to you.

Visitors are always welcome at the College – our galleries are free and open to the public from 10 a.m. to 4 p.m. Monday through Saturday.

Similarly, the College welcomes volunteers. Join our unique creative environment where, in a serene setting and surrounded by artwork, even non-artists can contribute to the art world. Contact Ann de Selding at 860-434-3571, ext. 117 to explore the possibilities. The College can accommodate many different schedules and interests. Volunteer roles are currently available in alumni relations, admissions, reception, and public relations, among others.

Lyme Academy College of Fine Arts is located at 84 Lyme Street, Old Lyme CT 06371. For more information about the College, call 860-434-5232 or visit [www.lymeacademy.edu](http://www.lymeacademy.edu).



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## Lymes' Youth Service Bureau

**Babies First.** Meets Mondays 1:00-2:15 p.m. (Mon 9/12-11/14 10 weeks \$86.10) OR Tuesdays 11:00 a.m. to 12:15 p.m. (Tues 9/6-11/15 11 weeks \$89.76.) Expecting Moms through 12 months with caretaker. A short discussion is held each week on topics of interest to new moms or caretakers of infants. Monthly guest speakers are also scheduled. This group is a great way to meet other new parents and tune up your baby care skills.

**Playgroups - Fall sessions.** Call to register for the group that meets your schedule, 434-7208 x207.

Mondays (2ish) 9:30 -10:45 a.m., 9/16-11/15, 9 weeks (no group 10/10), fee \$73.44. Tuesdays 9:15 -10:30 a.m., 9/6-

11/15, 10 weeks, (no group 10/11), fee \$86.10. Wednesdays 9:30 - 10:45 a.m., 9/7-11/16, 11 weeks, fee \$89.76. Thursdays 9:15 - 10:30 a.m., 9/8-11/17, 11 weeks, fee \$89.76. Thursdays 10:45 am - 12:00 pm, 9/8-11/17, 11 weeks, fee \$89.74. Fridays (2ish), 9:30 - 10:45 a.m., 10/14-11/18, 6 weeks, fee \$48.96

LYSB holds a number of playgroups every week for children ages 12 months to five years old. A fun way to meet other children and their parents. Your child will gain social and literacy skills for preschool and beyond. Circle time, play time, snacks, songs, crafts, and outdoor time. Siblings welcome.

**Music With Margie.** Wednesdays 11:00 - 11:30 a.m., 9/7-11/9, 10 weeks, fee \$100/child, \$50/sibling. Mixed ages. Call to pre-register 434-7208 x207

**Infant/Parent Massage.** Fridays, September 9 - October 7, 10:00 - 11:30 a.m. Five week session - FREE!! For children newborn to crawler; expectant parents welcome. Call to pre-register 434-7208 x207

**Stroller Strides.** Tuesdays, 9:30 - 10:30 a.m. Meet moms looking to exercise in a fun environment with their babies in tow. This meet-up is for moms interested in the total body fitness classes offered by Stroller Strides. Taught by nationally certified fitness instructors specializing in pre- and postnatal fitness, all class are designed to be challenging for all fitness levels. Any level of exerciser is encouraged to join - pregnant, newly pregnant, and post-partum.

Stroller Strides also supports the local LUNA Moms club. We offer free weekly playgroups, monthly Moms' Nights Out, and quarterly Moms with a Mission community service projects. You DO NOT have to take Stroller Strides classes to participate in the playgroups, moms nights' out or moms with a mission programs. Join us!!! Your first Stroller Strides class is always free

**Holistic Moms Network...Living Healthy, Living Green.** Meets the first Monday of every month at 7 p.m. at LYSB. First meeting Monday, October 3. New at LYSB! Connecting parents who are interested in holistic health and green living. We encourage moms to trust their instincts, parent from the heart, use their innate senses of what is best for their children, live in balance with the Earth, and learn about the pros and cons of all healthcare and parenting options.

Living healthy and living green is not an endpoint but an ongoing journey. No matter where you are on your parenting or holistic living journey, you are welcome at HMN! We are a diverse and open-minded community, a place where your choices are respected and where you can learn and become informed! Many of us are new to this journey, others more experienced. Wherever you are, you can benefit from the wisdom, support, and resources that Holistic Moms have to offer! For more info visit [www.holisticmoms.org](http://www.holisticmoms.org) Call LYSB to learn more about HMN in our area 434-7208 x207.

**Creative Drama Workshop for Home Schoolers** with Madhatters Theatre Company. September 21 – November 11 at LYSB.

*continued on page 15*

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• *Lyme's Youth Service Bureau continued from page 14* •

**Middle School After-School Program.** Tuesdays & Thursdays 2:15-4:00 p.m. at LYSB. First day is September 6th. This drop-in program is free but a permission slip is required. Come hang out with your friends while listening to music, playing pool, games, Wii, crafts & snacks. Students will get a pass for the LOLMS late bus. Call Missy Colburn, LYSB Youth Coordinator for more information...434-7208. Meets in LYSB's Etherington Activity Center.

**3rd, 4th and 5th Grade After-School program.** Every Wednesday 3-5. starting September 14. Advance registration required. Fee: \$100/year. Come to the LYSB Etherington Activity Center to hang out with your friends and participate in a variety of arts and crafts projects as well as play basketball, pool, Wii, and much more! Snacks and refreshments are provided. This program fills up fast, so please contact LYSB @ 434-7208 to register. Students from Center School will walk over with LYSB staff. Students from Lyme School will take the bus to LYSB.

**Creative Drama Program with Madhatters Theatre Company!** Students will utilize improvisation and theatre games to create their own short play to be performed on stage at the end of the session. For grades 3-5, Fridays, 3:00-4:00 p.m. September 16 through November 11 at LYSB.

**FOR HOME SCHOOLERS!** Classes will begin Sept 21. Wednesdays 9-9:45 a.m. ages 7 through 10, 9:45-10:45 a.m. ages 11 and over.

Dress Rehearsal 11/16. Performance 11/17 at Andrews Memorial Theater in Clinton. Fee: \$120. Register by calling Madhatters at 860-395-1861.

**Yoga for Teens and Adults.** Thursdays, 7 – 8 p.m. Relax and restore your mind, body, and spirit. Wear comfortable clothing and bring a mat. \$10/class, drop in. Taught by Joanie Fitton

**Sitter Safety Class.** Four Mondays - November 7, 14, 21 & 28. From 2:15 - 4:00 p.m. at LYSB. Fee: \$40 includes supplies, snacks, guest speakers. This is an intense sitter safety training course that is appropriate for babysitters, big brothers and sisters, and children staying at home alone for the first time. This course will teach a variety of safety issues, basic first aid, fire safety, 911 skills. Call LYSB to register 434-7208.

**YAC (Youth Advisory Council).** Meets Wednesdays from 7:00-8:00 p.m. at LYSB (first meeting 9/28/2011). YAC is a community service organization open to all high school students interested in helping out within the schools and community. Each year, the group participates in a variety of activities including sponsoring dances and events for high schoolers, adopting families for Thanksgiving and Christmas, coordinating Pictures with Santa, jumping into the Long Island Sound in January for the Polar Cub Plunge, and much more. YAC also fundraises all year for the Youth Advisory Council Community Scholarship, which is awarded to graduating seniors of Lyme/Old Lyme High School who have shown a commitment to community

*continued on page 16*

# WHAT PROJECT IS ON YOUR LIST THIS FALL?

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## Chamber Update

An exciting new year for the Lyme-Old Lyme Chamber begins on Thursday, September 15, at **Cherrystones**. Join us for cocktails at 6:15 p.m., dinner at 7 p.m., and an entertaining presentation from Old Lyme author/Smithsonian contributor Dick Conniff.

The Chamber Board has put together a schedule that reflects the ideas shared by members in the spring. For example: 68 percent are interested in Business After Hour events; 48 percent are interested in early morning Business Roundtables; 64 percent want to stay with ten meetings a year; 60 percent would like to intersperse dinner meetings with Business After Hours events.

Please join us at our traditional dinner meetings on September 15, November 17, & December 15; **Business After Hours** at High Hopes (on Town Woods Road) on October 20 and Lemon 'n Lyme (in the OL Shopping Center) on November 3; and a morning Business Roundtable on November 10. Special events will include:

- Our **3rd Annual Pet Parade** behind the Town Hall on September 24 from noon to 2 p.m
- **Birdhouse displays** in local businesses to coincide with the Florence Griswold Museum's *Enchanted Birdhouses* exhibit in October
- **Meet the Candidates** for municipal elections in October

- **Season's Readings** from local authors on November 18 – Steve Burt, James Benn, and Marilyn Nelson will share holiday favorites
- **Special Holiday events in early December!**

We have been meeting with business owners to discuss actions our Chamber can take to actively support our businesses. Our new Chamber marketing/promotion committee, chaired by Tammi Flynn, is looking at a number of possibilities, including a Welcome sign, benches for weary tourists on Lyme Street, town-wide seasonal displays, and more. Input from all our members is welcome!

In October, the Florence Griswold Museum will host a blockbuster event: *Feathers & Fairy Tales – Enchanted Birdhouses*. Many Chamber members are creating their own birdhouse displays to coincide with this special fall exhibition. Information about & directions to our "birdhouse trail" will be distributed to visitors.

Our Lyme-Old Lyme Chamber membership is diverse: both brand new & well-established businesses of all sizes & types - gift shops, galleries, restaurants, convenience stores, & more; nonprofits, attorneys, contractors, physicians, retirees, etc. We need ideas, energy, and assistance from all our members. We want our Chamber to be a vibrant organization, responsive to the needs of our business community.

If you are interested in becoming more involved in Chamber activities, please let us know. And, if you are not a member yet, please consider joining us – membership is still only \$40. Applications are available online at [www.lolcc.com](http://www.lolcc.com). Don't forget: BUY LOCAL!

— Catherine Frank,  
Lyme Old Lyme Chamber of Commerce President

- *Lyme's Youth Service Bureau continued from page 15* •

service. Open to any L/OL teen; not just for LOLHS, we welcome private and home school students.

Join us any Wednesday night at YAC! Please come to our meeting and join the fun. Call Missy at LYSB at 434-7208 to learn more about YAC.

**Community Action for Substance Free Youth (CASFY).** CASFY meets on the first Tuesday of the month at 7:00 p.m. at LYSB. All who live or work in Lyme/Old Lyme are welcome and encouraged to attend. The mission of Community Action for Substance Free Youth (CASFY) is to prevent and reduce alcohol and other drug use among youth by collaborating with the community to raise awareness, modify social norms, educate youth and adults, initiate policy change, and promote healthy activities.

**LYSB Job Bank.** Do you need help with your lawn? Need a new babysitter? Have odd jobs waiting for attention? Call the LYSB Job Bank for names of area youth interested in working for you (434-7208).

Kids who want to be listed in the Job Bank need to register at LYSB with a parental permission form.

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## Old Lyme Visiting Nurse Association, Inc.

The annual Old Lyme Visiting Nurse Association, Inc. Flu Clinic is scheduled to be held on Saturday, October 1, 2011 from 9 a.m. to 12 noon at the Lymes' Senior Center, 26 Town Woods Road, Old Lyme. This clinic is open to all town residents age 50 and over and to those 18 and over with a chronic medical condition. The service is free but voluntary donations to help offset costs are accepted and appreciated.

A Health and Wellness Day Fair sponsored by the Old Lyme Visiting Nurse Association, Inc. will take place Saturday, November 5, 2011 in the event hall at Christ the King Church, located at 1 McCurdy Road, Old Lyme. A number of screening and testing services will be made available as well as consultations with various doctors, nurses, and other professionals covering a wide range of health-connected services and products. The fair is open to the general public; there is no admission fee, and free door prizes will be given out. Complete details concerning this event will be published in the local media closer to the date of the fair.

The association would like to remind our community members that, at the time of hospital discharge, if you would like to have your home healthcare services provided by us, please be sure to ask the hospital discharge department for the Old Lyme Visiting Nurse Association through Interim HealthCare. Interim has served the association with our skilled nursing care personnel for the past twenty-seven plus years. Also, Town Nurse Linda Camarra is available each weekday from noon to 1 p.m. in her office at the Lymes' Senior Center, 26 Town Woods Road, Old Lyme. Her complimentary services include blood pressure checks, doctor-ordered items such as injections and dressing changes, and confidential consultations regarding health-related matters.

— Muriel Drugan, Executive Director Administration

## 3rd Annual Pet Parade


Little Miss Muffet sat on a tuffet and thought about how she would dress up her pet for the Lyme-Old Lyme Chamber of Commerce's Pet Parade on September 24.

Mother Goose is the theme for the 3rd annual event, co-sponsored by the Chamber of Commerce of Eastern Connecticut and Help With a Heart, LLC. Coordinator Lynn Farrell (lynna-farrell@comcast.net) encourages all participants (pets & their owners) to dress as the story book character of their choice.

The Pet Parade takes place behind the Old Lyme Town Hall, 52 Lyme Street, from noon to 2 p.m. on Saturday, September 24. Raindate is Sunday, September 25.

Additional sponsors are welcome! Contact Lynn Farrell (lynna-farrell@comcast.net).

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## Come on Out!

Join us for the 1st Lyme-Old Lyme Chamber of Commerce Business after Hours Event at High Hopes

Date: Thursday, October 20th  
Time: 5:30-7:00pm (program to begin @ 6:00pm)  
Rsvp: By 10/13 to 888-302-9246 or email@lolcc.com

*Hosted by: High Hopes* who has graciously opened their facility and will be providing tours, an educational program and light appetizers!

*Sponsored by: Essex Printing* who will be supplying refreshments for this exciting networking event!

Please join us for this great opportunity to mingle, socialize and network! See you there!



## Old Lyme Named HEARTSafe

The Connecticut Department of Public Health (DPH), in collaboration with the American Heart Association, announced in early August that Old Lyme has been designated a HEARTSafe Community.

Approximately 4,500 Connecticut residents die due to sudden cardiac arrest. Most of these deaths occur away from medical assistance in the presence of a family member or friend. By taking immediate action, bystanders can help save a life by starting the "Chain of Survival" (*Call 911, Early CPR, Early Defibrillation, and Early Advanced Care*). The HEARTSafe program focuses on strengthening each link in this chain so that anyone suffering a sudden cardiac arrest will have the best possible chance for survival.

Two local Emergency Medical Technicians, Doug Lo Presti and Colleen Atkinson, know first-hand the difference early intervention can make and initiated the HEARTSafe designation process for Old Lyme. Based on the town's population, the state determined that a certain number of people who live or work in the community must be trained and certified in CPR and the use of an AED (automated external defibrillator).

Working as *Critical Skills Education & Training*, Doug and Colleen have certified almost forty new CPR trainees over the past several months, and they will work to increase that number as time goes on. An additional requirement is the identification and/or placement of a specific numbers of AEDs in appropriate



*Emergency Medical Technicians, Doug Lo Presti and Colleen Atkinson, have certified almost forty new CPR trainees over the past several months as part of the Critical Skills Education & Training program.*

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locations throughout the town. One device has been installed at the Old Lyme Town Hall. The AED was donated by the Old Lyme Police Union and was installed by Old Lyme Volunteer Ambulance Association President Tom Brown.

Nine locations have been identified thus far and have AEDs: the four schools in town (Mile Creek, Center, Lyme-Old Lyme Middle School, and Lyme-Old Lyme High School), Snap Fitness, the Old Lyme Country Club (two AEDs), Lymes' Senior Center, and High Hopes. Potential new locations have been identified and efforts are ongoing to add as many as additional sites as possible. Thanks to these efforts the town exceeded the requirements for initial state certification as a HEARTSafe Community.

The HEARTSafe Community designation also requires that Old Lyme have in place an appropriate number of designated first responders, AED-equipped vehicles, and advanced life-support availability, as well as an ongoing process to evaluate and improve the "Chain of Survival."

*Critical Skills Education & Training* will continue to provide Community CPR training and programs and expand the availability of AEDs in public and private locations. They have developed and have committed to monitoring an ongoing evaluation process to improve the "Chain of Survival" and further increase the chance of positive outcomes for victims of heart disease and sudden cardiac arrest in Old Lyme. For information on CPR & First Aid Training or AED placement, phone Colleen Atkinson (860 912 7020) or Doug Lo Presti (860 598 9346) or email [CSEd911@aol.com](mailto:CSEd911@aol.com).

## Town Information for Fall 2011

**Town Hall will be closed** on Monday, October 10 in observance of Columbus Day; Friday, November 11 in observance of Veterans Day; and November 24 and 25 in observance of Thanksgiving.

**Curbside trash removal** is performed by Shoreline Sanitation (860-434-0052). There is no trash pick-up on the following holidays: New Year's Day (Jan. 1), Memorial Day (last Monday in May), July 4, Labor Day (first Monday in Sept.), Thanksgiving Day (fourth Thursday in Nov.), and Christmas Day (Dec. 25). Trash that would normally be collected on Thanksgiving will be picked up the next day, along with the regular Friday pickup. For Monday holidays, garbage pickup will move up a day, except on Thursday and Friday, which will remain on schedule. Please feel free to call Michele Hayes-Finn (860-434-1605, ext. 212) with any additional questions you may have.

Please have trash container out at curbside by 6 a.m. on your assigned day. Containers should be three feet away from any other objects, such as mailboxes, cars, other containers, planters, etc. Please be mindful when positioning your container not to block breakdown/emergency lane or obstruct walkers and/or cyclists. Thank you!

**Additional automated trash and recycling containers** should be ordered through Michele Hayes-Finn (860-434-1605, ext. 212) in the Selectman's Office at the Memorial Town Hall on Lyme Street. Containers cost \$80 each.

**Curbside single stream recycling** is performed **every other week** by Shoreline Sanitation (860-434-0052). There is no recycling pick-up on the following holidays: New Year's Day (Jan. 1), Memorial Day (last Monday in May), July 4th, Labor Day (first Monday in Sept.), Thanksgiving Day (fourth Thursday in Nov.), and Christmas Day (Dec. 25). Recycling that would normally be collected on Thanksgiving will be picked up the next day, along with the regular Friday pickup. **For Monday holidays**, recycling pickup will move up a day, **except for Friday**, which will remain on schedule. Schedules are available at the Town Hall and at [www.shorelinesanitation.com](http://www.shorelinesanitation.com).

Please have recycling container out at curbside by 6 a.m. on your assigned day. Containers should be three feet away from any other objects, such as mailboxes, cars, other containers, planters, etc. Please be mindful when positioning your container not to block breakdown/emergency lane or obstruct walkers and/or cyclists. Thank you!

**Single Stream Curbside recycling** pick-up is provided for clean bottles, cans, #1 - 7 plastics, and paper products co-mingled in the new green recycling carts. Corrugated cardboard boxes need to be flattened for recycling. A complete list of acceptable single-stream recyclables is available on the town's website ([www.oldlyme-ct.gov](http://www.oldlyme-ct.gov)), trash and recycling link on both the Selectman's and Public Works pages, as well as on Shoreline Sanitation's website ([www.shorelinesanitation.com](http://www.shorelinesanitation.com)) and in the Selectman's Office at Memorial Town Hall on

Lyme Street, or at the Landfill/Transfer Station. Please phone Michele Hayes-Finn (860-434-1605, ext. 212) with additional questions.

**Transfer Station Hours** are Tuesday-Friday, 7:30 a.m.-3:45 p.m., Saturday, 8:30 a.m.-4:00 p.m. **Closed Sunday and Monday.** Transfer Station is located on Four Mile River Road, Exit 71 off I-95N (860-434-2337).

**Bulky Waste and Demolition:** Vehicles are charged by weight at \$110 per ton. Recyclables should not be mixed in the same load with Bulky Waste or Demolition debris. Loads of less than 100 lbs will be charged a minimum fee of \$5.

**Brush** is charged on a per-load basis. **Grass clippings** are not accepted. Please phone either the Transfer Station (860-434-2337) or Michele Hayes-Finn (860-434-1605, ext. 212) with additional questions.

**Residential Leaf Disposal** is permitted at the Transfer Station but no commercial disposal is allowed. The minimum charge for disposal is \$5. Residents must empty and remove paper or plastic leaf bags.

Phone Michele Hayes-Finn in the Selectman's Office at the Town Hall (860-434-1605, ext. 212) to report a **streetlight outage and/or trash or recycling problem.** When reporting a streetlight, please make note of the pole# and exact location.

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# Old Lyme Phoebe Griffin Noyes Library

Attending a program? Please register! It's simple and easy to sign up online! Having difficulty with registering? Call the library at 860-434-1684 and the staff will be happy to assist.

Online registration can be found at [www.oldlyme.lioninc.org](http://www.oldlyme.lioninc.org) under Events.

**Get the Smartest Card @ your library® Card Sign-up Month.** September is Library Card Sign-up Month, and the library wants to make sure that residents in Old Lyme have the smartest card of all – a library card.

Activities at the Phoebe Griffin Noyes Library during Library Card Sign-up Month include story times for children ages birth to five and afterschool activities for older children. School visits to kindergarten classrooms will take place during September to provide an introduction on how to use the library and learn about all the great collections it has to offer. Teens and adults have a wide array of new programming from classes on painting, photography, and Mah Jongg, to movie nights, crafts, and after-school activities to share with friends. More details can also be found at our website.

Getting a library card is easy. Children can apply for a library card at the age of 5 with parental permission. Most kids are really excited to have their very own card that coincides with the milestone of entering kindergarten. For all others, cards are issued at time of registration during library hours.

**EReaders and You!** Week of September 26-30, Dates TBA. In honor of Library Card Sign Up Month we are debuting eReaders

to help you learn to use and enjoy the world of eBooks! The library has purchased two Kindles, a Sony eReader, and a Barnes and Noble Nook. Introductory sessions for the public will be announced. Stop in to see how they work, watch a short video on how to download the eBooks from our catalog, and get started! See, touch, and read from eReaders with our staff guiding you step by step!

**Friday, September 9, 2011, 7-9 p.m.** Teen Scene Movie Night: *Soul Surfer*, starring Anna Sophia Robb. Rated PG. Synopsis: The life of Bethany Hamilton, a promising amateur Hawaiian surfer who overcame a crippling shark attack at age 13 to succeed on the pro circuit. Based on a real-life event, read *Soul Surfer: A True Story of Faith, Family, and Fighting to Get Back on the Board*, by Bethany Hamilton, Rick Bundschuh, and Sheryl Berk. Registration is required. Bring your own movie snacks. Popcorn will be provided. Grades 6 and up are welcome to attend.

**Monday, September 19, 2011, 5:00-7:00 p.m.:** Teen Scene: Knit a Scarf for Charity in honor of William and Constance Pike. Amateurs welcome! Join knitting experts in a knitting circle to create a scarf to be donated to charity in memorial of William and Constance Pike. Honor the legacy of giving established by Old Lyme residents William and Constance Pike and celebrate their lives spent in serving others in the community of Old Lyme and the surrounding areas. This program will be held in celebration of the Old Lyme Phoebe Griffin Noyes Library Children's Room being named "The William and Constance Pike Children's Room" in a naming ceremony held at the library on October 2, 2011. Scarves will be donated to a local charity in memory of William and Constance Pike and in their spirit of helping others in the community.

Registration is required. Materials will be provided. Grades 6 and up are welcome to attend.

**Also coming in September, date to be announced: Teen Scene! Decorate a Locker Picture Frame with Kirsten Goiangos!** It's back to school: jazz up your locker with unique designs! Check library's webpage for details, coming soon.

## October

**Friday October 21, 2011, 7:00-9:00 p.m.:** Teen Scene Movie Night: *Beastly*, starring Vanessa Hudgens and Alex Pettyfer. Rated PG-13\*. Based on the book *Beastly*, by Alex Finn. Love is never ugly...come see this modern-day retake on the classic Beauty and the Beast. Registration is required. Bring your own movie snacks. Popcorn will be provided. Grades 6 and up are welcome to attend. \*The library accepts no responsibility for underage attendance.

**Friday, October 28, 2011, 6:00-8:00 p.m.:** Murder Mystery & Pizza Party. Mystery: *Death Gets a Red Card*

Who would want to harm the star of the high school soccer team? Help us solve the mystery...bring your super sleuthing skills to decipher the clues to solve the crime. A Classic Whodunit! Pizza, ice cream, and drinks will be served.

*continued on page 21*

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• *Library continued from page 20* •

A suggested donation of \$3.00 per participant is welcome. Registration is required. Grades 6 and up are welcome to attend. Space is limited; register at [www.oldlyme.lioninc.org](http://www.oldlyme.lioninc.org).

**November**

**Friday, November 18, 2011, 7:00-9:00 p.m., Movie Night: *I am Number Four*.** Rated PG-13\*. Starring Alex Pettyfer, Timothy Olyphant, and Dianna Agron. Based on the book *I Am Number Four*, by Pittacus Lore. Three are dead. Who is number four? Registration is required. Grades 6 and up are welcome to attend. Bring your own movie snacks! Popcorn will be provided. \*The library accepts no responsibility for underage attendance.

**Coming in November! Young Adult Author Talk with local author Leslie Connor!** Come hear this amazing author speak to you about putting your story to words! Details will be posted on the library webpage under Teen Scene and Events sections, including date and time.

**December**

**Teen Scene Winter Break Vacation Series: Tuesday, December 27, 2011, 2:00-4:00 p.m. Teen Scene Make Your Own Candy Wreath.** Holiday fun during vacation week is here at the library! Make a holiday wreath out of candy that you can eat! Registration is required. Grades 6 and up are welcome to attend. Materials provided.

**Wednesday, December 28, 2011, 2:00-4:00 p.m., Teen Scene Movie Matinee: *The Nightmare Before Christmas*.** Rated PG. For those who never thought Disney would release a film in which Santa Claus is kidnapped and tortured, well, here it is! The full title is Tim Burton's *The Nightmare Before Christmas*, which should give you an idea of the tone of this stop-action animated musical/fantasy/horror/comedy. Registration is required. Grades 6 and up are welcome to attend. Bring your own movie snacks! Popcorn will be provided.

**Thursday, December 29, 2011, 2:00-4:00 p.m., Teen Scene Game Day!** Various board games will be available to play including many favorites such as Charades, Scategories, and HedBanz!! Come hang out with your friends and get your game on! Registration is required. Grades 6 and up are welcome to attend.

**Children's Programs**

**Ready to Read Stations are Coming!** Thanks to a generous grant received from the Lyme-Old Lyme Junior Women's Club, the library has acquired 2 Early Literacy Stations ("ELS") for our Ready to Read program. The two computer stations are loaded with more than forty-five educational software titles that are age-appropriate, engaging, and academically relevant for preschoolers and up (ages 2-10). Designed with colorful keyboards and child-size mouse, stations will be located in

*continued on page 22*



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• *Library continued from page 21* •

the Children's Room, where family members can relax and enjoy their children's learning experience! Watch for more details coming soon.

**Toddler Time, Mondays @ 10:30 – 11:00 a.m. (Sept. 12 – Nov. 14).** Calling all toddlers...Two and three year olds will delight in listening to stories, singing songs, and making crafts. All this free fun takes place in the Community Room. Each program will last for approximately 30 minutes. Registration will enable us to contact you of any changes in the program.

**Babytime, Thursdays @ 10:15 – 10:45 a.m. (Sept. 15 – Nov. 17).** Introduce your baby to the library and meet new people! Activities include sharing books, singing some songs, and finger-plays, and then playtime and exploration. Each program lasts approximately 30 minutes. Registration will enable us to contact you of any changes in the program.

**Fun at the Library – After-School Activities for kids in 3rd-5th grades.** Thursday, September 15 @ 3 p.m. – Design Your Own Library Card. Thursday, September 29 @ 3 p.m. – Banned Book Week Craft. Thursday, October 13 @ 3 p.m. – Game Day. Thursday, October 27 @ 3 p.m. – Halloween Decorations. Thursday, November 10 @ 3 p.m. Game Day. Thursday, December 1 and December 15 @ 3 p.m. – Holiday Gifts & Crafts. Supplies will be provided. Registration is requested.

**On September 13** (time to be announced later), author Sarah Prineas (a former Lyme resident) will speak about her award-winning series *The Magic Thief*, and upcoming books, as well as provide some instruction on the creative writing

process. Children in grades 4 and up and parents are welcomed to attend.

**One World performed by Chris Merwin, Saturday, November 5, 2011 @ 10:30 a.m.** *One World* is an interactive multicultural trip around the world through music and imagination. Kids get to play a ten-foot-long Tibetan trumpet and the steel drum from Trinidad. They will also sing a reggae song, do the limbo, play "Simon Says" to calypso music, and dance the hula to the Hawaiian steel guitar. All instruments are authentic. Bring the entire family to this one-of-a-kind show that mixes fun and education. Registration is required.

**Holiday Crafts and Music – Thursdays in December @ 10:30 a.m. (Dec. 1, 8, 15, 22, 29).** Get out of the cold and warm yourself with music and fun crafts. Create crafts representing the winter season and various December celebrations. The program will be geared toward children ages 3-5, but younger children will be welcomed. Registration is not required.

**Adult Programs  
September**

**Steve Nadler presents the American West, a Photographic Essay in Three Parts. The American West, Part I Exhibition August – September, 2011.** Steve is continually struck by the contrast between the world of his Brooklyn youth and how those early constructs impact his view of the American West. Growing up surrounded by the tight asphalt canyons, mountains of brick and mortar among oceans of people is a stark contrast to the endless landscape of the West.

**Digital Photography Classes with Steve Nadler, Fine Arts Photographer, Wednesdays, September 7 to October 19 from 5 - 8 p.m.** A six-week course on basic digital photography with time to shoot photos in the field, followed by classroom instruction to learn how to get the most out of your digital camera. Field work will be in selected locations in and around Old Lyme. Instruction will include learning the features and settings of your own camera, composition, and software enhancements that will take your photos from good to great. The course finale will be an exhibit and reception featuring participant's best photos celebrating everyone's achievements. Class size limited to 10 participants. Registration is required no later than September 2. Fee is \$90. Checks should be made out to the Old Lyme PGN Library. Class will not meet on Sept. 28.

**Fall Book Discussion Series: Range of Realism with Marsha Bansavage, Facilitator.** Tuesday, September 6, Monday, October 3, and Monday, November 7 from 7-8:30 p.m. The nineteenth-century novel emerged as the pre-eminent literary form for portraying the wide range of human possibilities to which we give the name realism. Join us for a stimulating series and engaging discussions of three novels. *Oliver Twist*, by Charles Dickens, *A Prayer for Owen Meany*, by John Irving, and *Frankenstein*, by Mary Shelley. Copies of each book are available at the Circulation Desk. A suggested donation of \$5 per program is welcome to help us defray the cost of the program.

**Mah Jongg Classes with Joanie Fitton – Back by Popular Request!** Wednesdays, September 7 to October 26 from 1-3

*continued on page 23*



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• *Library continued from page 22* •

p.m. Mah Jongg is the latest game craze that is gaining in popularity. It's a fun, challenging, and competitive game that was brought to America in the early 1920s from China. It is commonly played by four players with a set of 136 tiles based on Chinese characters and symbols. Mahjongg is a game of skill, strategy, and calculation, involving a certain degree of chance. Learn how to play and focus on the skills that will make you a patient and avid player while keeping the brain active and agile. Beginners and experienced players are all welcome. Joanie Fitton is a well known Old Lyme instructor of both yoga and Mah Jongg. All classes will take place in the Community Room.

The classes are two hours each and run for eight weeks. The last class is a makeup date. The cost is \$10 per person per class for a total of \$80. All participants must register and pay in advance. Class size is limited to 12. Registrations accepted on a first-come basis and are due no later than Tuesday, September 6. Checks should be made out to the Old Lyme PGN Library.

**Watercolor Classes for Beginners with Local Artist, Joan Bernard.** Tuesdays, September 13 to October 11 from 10 a.m. -12:30 p.m. Experience the joy of painting with watercolors and discover the artist within you! The five-week course is an introductory-level class on watercolors for beginners or anyone who has done some painting previously. Participants will explore the basics of using the three primary colors. Joan

Bernard has studied fine art at Syracuse University, the Silver Guild Art Center, and Lyme Academy College of Fine Arts. She has been painting in watercolor for 40 years. Joan has been a member of the Friends of the Library for two years. She is a member of the Art Committee who donates her expertise to hanging the library's art exhibitions.

Registration is required with payment in advance by Tuesday, September 6. Class size is limited to 10. Class fee is \$120 per person. Checks should be made out to the Old Lyme PGN Library.

**Celebrating the 150th Anniversary of the Civil War with a Special Live Performance! "They Called Me Lizzy: From Slavery to the White House"** Friday, September 16 at 7:00 p.m. This is the moving story behind one woman's life during the 19th century, spanning more than the entirety of the Victorian era. Born into slavery in 1818, Lizzy bought her freedom, made her way to Washington, D. C., where her dressmaking skills and entrepreneurial savvy brought her to the attention of political families. Elizabeth Keckly was best known as dressmaker to Mary Todd Lincoln and author of *Behind the Scenes, 30 Years a Slave and Four Years in the White House*. The theatrical presentation is the true-life story of Elizabeth Keckly. A one-hour, one-woman drama! A production of the East Haddam Stage Company. Limited seating. Registration is

*continued on page 24*

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• *Library continued from page 23* •

required. A suggested donation of \$5 per person is welcome to defray the cost of the program.

**Understanding Your Credit Report.** Guest Speaker Heather Brissette, Branch Manager, Citizens Bank, Old Lyme. Tuesday, October 18 at 10 a.m. and Wednesday, October 26 at 7 p.m. Learn all you need to know to understand your credit report and manage your credit rating. Heather Brissette, the Branch Manager at Citizens Bank, Old Lyme, will cover the following topics: What is a credit report; understanding the purpose of your credit report and how it is used; and identifying ways to build and repair your credit history and maintain a high credit rating once you have achieved it. The talk will be followed by a Q & A session with the audience.

Heather is a graduate of Eastern Connecticut State University with an undergraduate degree in Business Economics and a master's degree in Organizational Management. She has six years' experience in the mortgage business, having worked for Beneficial Mortgage, a subsidiary of HSBC. The program is free and open to the public.

**Art, Yule, Love: The Odyssey Painters.** Art Exhibition & Opening Reception. Friday, November 4, 2011 5-7 p.m. The Odyssey Painters come from very diverse backgrounds but share a similar passion for *en plein* painting. As artists they capture on canvas their feelings and emotions about the "crown jewel" of our region, the lower Connecticut River tidal basin. This is where they live, work, and play. Their subject matter includes Devil's Hopyard, Hammonasset State Park, and Gillette's Castle and includes farms, villages, and land trust properties along the shoreline. They describe it as a journey of art and soul to paint the landscapes that surround them and learn about themselves. All works are for sale. A portion

of the proceeds benefit the Library.

**La Sonnambula with guest speaker, James Kuslan.** Saturday, October 15, 2011 at 11 a.m. Opera scholar James Kuslan will inform and entertain with material relevant to the Salt Marsh Opera's fall season performances at the Katharine Hepburn Center in Old Saybrook of *La Sonnambula* (The Sleepwalker), by Vincenzo Bellini. The lecture will include musical selections. Q & A session to follow.

**Friday, November 18, 2011 at 5 p.m. Literary Life in the Lymes.** A literary event for families! Join us for a special evening of "Season's Readings" with local authors James Benn, Steve Burt, and former Connecticut poet laureate Marilyn Nelson. Autographed copies of their books for holiday gifts will be available for sale. Co-sponsored by the Lyme-Old Lyme Chamber of Commerce. Watch for more details!

**The Friends Holiday Book Sale.** Friday, December 2, Reception & Sale from 5-7 p.m., Saturday, December 3, 10 a.m. - 3 p.m. in the Community Room. Start your holiday shopping early at The Friends of Library Annual Holiday Book Sale! Prices are below retail on excellent copies of the latest best sellers, classics, a wide array of children's books, and a broad selection of nonfiction titles. This is a wonderful chance to purchase like-new books at reasonable prices for everyone on your holiday list. On Friday evening, begin your holiday shopping by attending the wine and cheese reception to select from the outstanding collection of new and gently used books for sale at a 20-percent premium, plus rare and first editions. All proceeds go to benefit the library. Complimentary cider will be served Saturday. Donations of books in good condition are welcome at any time. Support the library by patronizing the Friends!

## Lymes' Senior Center

Those who have yet to visit the Lymes' Senior Center are in for a special treat. We are located in a beautiful rural setting surrounded by large grassy fields and trees.

The senior center is open Monday through Friday from 10:00 a.m. to 4:00p.m. to all seniors age sixty or older. The membership fee is only five dollars for residents and ten for nonresidents. All members receive our newsletter four times a year.

We have a lot of activities that suit the needs of all seniors; these include bridge on Mondays, exercise classes every day except Fridays, Tai Chi on Wednesdays, computer classes on Thursdays, and watercolor painting classes on Fridays. There are always ongoing puzzles, cards, Wii Game, board games, and monthly bingo.

Our special programs include our Summer Nights Concert Series, VNA Health Days, AARP 55 Alive Driving Courses, Lifeline Screenings, guest speakers, Yale Mammography Van Screenings, musicians, and more. Dates and times are announced in our newsletter and advertised in local papers.

We have walkers, wheelchairs, and other medical equipment available for loan to any senior at no charge.

Our Cozy Corner Library is filled with wonderful hardcovers, paperbacks, and large-print books as well as movies and audio books for borrowing.

A complete nutritious lunch is served Monday through Friday at noon for a small donation of \$2.75. Meals on Wheels are also available for homebound residents.

Please feel free to stop by anytime to enjoy a program or activity or simply have a cup of coffee!

— Sherry A. Meyer, Director

**Deadline for the next issue of  
OLD LYME EVENTS  
is November 4, 2011.**

## “The Size-Up” from the OL Fire Department

This edition of *Size-Up* is dedicated to our most recent Past Chief of Department David “Dave” Jewett. Dave was quite literally born into the Old Lyme Fire Department, having had his great-grandfathers Dr. Ellis K. Devitt and Carleton F. Jewett as charter members in the early 1920s. Dr. Devitt served as the first Chief of Department and Carleton Jewett as an Assistant Chief. Dave’s grandfather also served as Secretary (1946-1954). Dave’s father, Ellis Jewett, and brother James Jewett are both Past Chiefs of Department. His mom, Mary Ellen, as well as sister, Ann Marie, are stalwart members of the OLFD Auxiliary.



*OLFD Past Chief of Department David Jewett*

Following the family tradition, Dave joined the Fire Department in 1988 as a Junior. Through the ensuing years, he worked his way through the ranks from Senior Firefighter to Chief of Department with diligence and determination. He held the top position for the maximum prescribed term of five years (2006-2011) Along the way, he earned the respect of all those who have the pleasure of knowing and working with him. His approach to leadership is one based on a solid knowledge of fire science and experience in managing all manner of fire ground and emergency incidents. OLFD President Bob Pierson has stated that Past Chief Jewett’s calm demeanor in dealing with fire department responses is one of his strongest attributes. “He is unflappable and gives that all-important sense of confidence to all on scene,” says President Pierson.

From an administrative/logistical standpoint, Past Chief Jewett is responsible for the replacement of the Water Supply Pumper and the procurement of the department’s first aerial

apparatus better known as “The Quint.” These new additions as well as upgrades in fire-safety equipment across the board, such as state-of-the-art metal cutting extraction equipment and self-contained breathing apparatus (SCBAs of Scotts) has enhanced significantly the OLFD’s ability to save lives in our town. The job he leaves is one that knows no schedule. OLFD Chief of Department is the personification of the popular adage “24/7/365.” Dave has served his department and community with unwavering dedication and distinction. He is a credit to his fire fighter ancestry and the Town of Old Lyme.

### Meet Our New Leadership

Recently, the Old Lyme Fire Department voted in and appointed a new line officer chain of command. We are led by Chief of Department Tom Swaney, a time-tested leader who exemplifies the finest tradition of the department. The following is your leadership table of organization for the OLFD:

- Chief of Department:** Tom Swaney
- Deputy Chief:** Stephen Super
- First Assistant Chief:** Michael McCarthy, Jr.
- Second Assistant Chief:** James Montanez
- Captain:** Tom Rozanski
- Captain:** Brian Dow
- Captain:** Dayton Dell
- Lieutenant:** James Oldfield
- Lieutenant:** Tom Risom
- Lieutenant:** Larry Merrill
- Safety Officer:** John Cody
- Engineer:** Jim Jewett
- Engineer:** Gregg Landry
- Fire Police Captain:** Roger Davis

Until next time, stay safe out there!

— Firefighter John J. Cody, OLFD Public Affairs Officer

## FIREFIGHTER TIP OF THE MONTH

**In some circumstances, dangerous heat can build up in your clothes dryer. The following safety precautions can help prevent a fire:**

- 1) **Never leave home with the dryer running.**
- 2) **Dryers should be vented to the outside of the residence, not into a wall or attic.**
- 3) **Clean the dryer lint screen frequently to keep the airway clear.**
- 4) **Never put in synthetic fabrics, plastic, rubber or foam as they will retain heat and possibly combust.**

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## Florence Griswold Museum

Visit *American Landscapes: Treasures from the Parrish Art Museum* through September 18.

**The Exacting Eye of Walker Evans.** October 1, 2011 through January 29, 2012. Walker Evans (1903–1975) captured a place in American social, cultural, and artistic history with



*The photography of Walker Evans will be on display at the Florence Griswold Museum from October through January.*

his unforgettable images of the Great Depression. The photographs, particularly those of rural Southern sharecroppers, launched his career and remain among the most iconic images of American art. This exhibition recovers Evans' post-Depression work and delves into his career and life in Connecticut. No exhibition has yet addressed these decades, which Evans spent in the state as a teacher at Yale and resident of Lyme.



**Of Feathers & Fairy Tales Enchanted Birdhouses at the Museum.** October 1-31. The grounds and gardens of the Florence Griswold Museum become an enchanted site for fanciful creations. Over three dozen artists and designers bring a new twist to classical fairy tales. The creativity and craftsmanship will delight all ages. Visit [FlorenceGriswoldMuseum.org](http://FlorenceGriswoldMuseum.org) for special events.

**Walker Evans Symposium.** Saturday, November 12, 1:00-6:30, \$35. Scholars and photographers gather to present new research and insights into the career of one of America's most important photographers. Delve deeper into the fascinating ongoing investigation of Evans' importance to American culture with lectures by scholars from Yale, Brown, and the Museum of Modern Art and a panel discussion with some of Evans' own Yale students. The day culminates with a lecture by Alan Trachtenberg.



*The Magic of Christmas: A Festive Holiday Celebration at the Florence Griswold Museum run from November 19 through January 8, 2012.*

**The Magic of Christmas: A Festive Holiday Celebration.** November 19 through January 8, 2012. The Museum promises triple the "magic". Elaborate Fantasy Trees evoke the magic of the current exhibition, *The Exacting Eye of Walker Evans*. Artists and designers take the intriguing theme to dynamic heights. You never quite know what to expect! Miss Florence™ Artist Tree is back for its eighth year with additional painted palettes by artists from across the country who have donated works to this one-of-a-kind tradition. In the Griswold House visitors can see how families celebrated Christmas in 1910, as historically accurate decorations reveal homespun creativity and the use of surprising materials. [FlorenceGriswoldMuseum.org](http://FlorenceGriswoldMuseum.org) for special events.

### Want to Advertise?

**Call Diane Brown  
at (860) 383-6376**



## Health Care – What You Should Know

What is happening with Medicare? You hear it mentioned on TV often or listen to political candidates telling you what will happen to it as if they really know.

Many Baby Boomers are approaching benefit age and hoping it will still be there. Those people getting Medicare benefits are wondering if it will improve or cover less and get more expensive. Telling you everything about Medicare could take hours but there are a few things you should know.

First, it is not being eliminated, there is no current proposal to end it and when you listen to political commentators talk, consider that they may be more adept at predicting the weather than what will happen to Medicare. It is here to stay and actually has been improving as time goes on.

Put simply Medicare is broken up into 4 "Parts" Part A, which covers hospital services, Part B which covers Major Medical and Physician Services. Part C which is comprised of a large selection of private insurance plans that either supplement or replace Medicare with an equal or improved version, and Part D which is comprised of Medicare approved drug-prescription benefit options.

Compared to traditional health care costs Medicare is not expensive and is available to all those eligible. There are windows each year to make changes to the type of Medicare plan you have.

Nice people on TV, helpful sales agents, AARP and celebrities tell us all about their great private Medicare plans and they remind us to call toll free right now. WRONG! Only you can determine what fits your current needs and you have plenty of opportunity to adjust your Medicare options as your situation changes.

Want to know about your Medicare options, eligibility, windows for enrollment and changes then go to <http://www.medicare.gov> the Official U.S. Government Site for Medicare. If you use an internet search engine it usually appears at the bottom of the page past all the websites selling their Medicare plans and products. Good idea to initially avoid many of those sites.

Last, all Medicare plans are approved by the Center for Medicare Services (CMS), must meet certain standards and hence are as good as another. They differ in price and scope to serve an individual's requirements. A particular Medicare provider may not have a plan that fits your needs so best to be wary of an agent or advertisement that seem to push one provider or plan.

Work with agents from an agency that represents many or all providers and are more informative than persuasive. The best agents will listen more than talk and provide you with information and appropriate options rather than try to sell you a particular plan.

To learn more on any health topic visit our website at [www.rmbinsurance.com](http://www.rmbinsurance.com) or call us.


*Kurt Zemba is a resident of Old Lyme and President of RMB Group, a multi state licensed insurance agency, operating nationwide providing employee benefits, health, life,*

*disability, dental, vision and senior care products for groups and individuals.*

*Have a health topic you would like to know more about? We would be happy to pass it on to Kurt at RMB to be addressed in an upcoming issue. Email your request to [dbrown@eventsmagazines.com](mailto:dbrown@eventsmagazines.com).*

### Upcoming Fairs

<b>Guilford Fair</b>	<b>Sept. 16, 17, 18</b>
<b>Durham Fair</b>	<b>Sept. 22, 23, 24, 25</b>
<b>Berlin Fair</b>	<b>Sept. 30, Oct. 1, 2</b>
<b>Portland Fair</b>	<b>Oct. 7, 8, 9</b>



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## Estuary Council

**Estuary Council of Seniors, Inc.** has been Serving Seniors in the nine-town Estuary region for 35 years. Call us to receive our *Gazette Newsletter* or go to [www.ecsenior.org](http://www.ecsenior.org) for our online newsletter, events calendar, menu, and more.

**Donate Your Car or Boat to the Estuary Council!** Turn your car or boat into a tax deduction by calling: 1-800-716-5868. Vehicle does not have to run. Proceeds benefit the vital services we provide in the nine town Estuary Region.

**Save the Date!** Our annual Autumn on the Dock Wine Tasting and Auction will happen on Sunday, September 18.

**NEW! CHRONIC ILLNESS SUPPORT GROUP:** Meets last Wednesday of each month. Next meeting is Weds., May 25 at 10 am. Call Eileen at 860-339-5531.

**INTERESTED IN SCRABBLE?** – Call Deb at 860-388-1611.

**WOODCARVING CLASS:** Meets 1st and 3rd Wednesday at 9 a.m. Beginners to advanced levels welcome. This group of men and women met and did their first project. Call Ed Gorman at 860-388-5737 for more information.

**STAN GREIMANN ESTUARY MEDICAL OUTPATIENT TRANSPORTATION** For medical appointments, to any medical



*Representatives from the Florence Griswold Museum in Old Lyme speaking with potential volunteers at a previous Volunteer Open House.*

location beyond the nine-town estuary region. Call Judy at 388-1611. Suggested donation of \$25. EMOTS is supported by the Senior Resources Agency on Aging with Title III funds available under the Older Americans Act.

**MEALS ON WHEELS** – hot meals delivered to your home. Call Diane at 388-1611. A \$2.50 donation request for those aged 60+; otherwise cost is \$6.25. Meals are supported by Senior Resources Agency on Aging with Title III funds available under the Older Americans Act.

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## What every family should know about at-sea burial options.



Fulfilling a loved one's last wish to have their ashes scattered at sea is not always an easy task. SeaCeremony offers a dignified and convenient way to bid farewell at sea.

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For more information, please log on to [www.seaceremony.com](http://www.seaceremony.com).

Or call 860-598-9090.

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# OLD LYME NEWCOMERS' GUIDE

## Welcome to Old Lyme!

On behalf of *Events Magazines*, welcome to Old Lyme. Whether you are new to Connecticut or just new to Old Lyme you will find wonderful people and places to visit in town. From the Old Lyme Midsummer Festival to the Holiday Tree Lighting & Carol Sing, Old Lyme has something for everyone. Below are important phone numbers. Please tear out this page and keep it for future reference. We at *Events Magazines* and Essex Printing support local businesses.

Please use this guide and "Buy Local" – we do!

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 ELDERLY . . . . . (860) 434-7733  
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Want to be listed on the Newcomers' page?

Call Diane Brown at (860) 383-6376



## *How to Protect Old Lyme's Drinking Water – You Can Help!*

One of the most beautiful attractions of Old Lyme is Rogers Lake. It is enjoyed by swimmers, birders, boaters, fishermen, and rowers as well as “gazers” – anyone who simply enjoys the view. It is also the primary aquifer for the entire town of Old Lyme...which means that it is the source of water for the individual well of each and every home and business in town. Rogers Lake is the most observable part of this aquifer. We are all connected to it.

It's easy to take something for granted that has been there through all of our lives. But, as every schoolchild learns, our natural resources are limited – and vulnerable. Drainage from roads and poor septic systems, everyday trash, soil erosion, and run-off from fertilizers, pesticides, and even beach sand combine to pollute and damage our lake. All this creates a hospitable home for invasive plants – nonnative plants that multiply rapidly, forcing out natives such as cat o' nine tails and destroying habitat for birds and animals – in general upsetting nature's fragile balance.

The Old Lyme Conservation Commission has championed a project at Hain's Park to begin to address some of these issues.

The goals of this project are:

1. To protect Rogers Lake – Old Lyme's aquifer – from drainage, pollution, and abuse, and
2. To create a model for homeowners of the Towns of Lyme and Old Lyme within this watershed area.

At Hain's Park, efforts include installing barrier plantings plus a rain garden, separating sandy area from the park and playscape, creating signage with both regulations as well as the purpose and importance of the plantings, and ensuring that the area is properly maintained – on a year-round basis. These efforts are designed to discourage geese from invading the park, to encourage people to properly use the park, and to replicate the rain garden/barrier plantings at home.

Barrier plantings and a rain garden will include local, native ornamental grasses and flowers, which, while doing their duty of trapping and using rainwater, have the added benefit of attracting butterflies.

Old Lyme residents can practice some simple habits to join this effort:

- Use organic alternatives to lawn fertilizer
- Don't feed swans, geese, or ducks!
- Pick up dog waste and trash
- Pump your septic tank every five years
- Plant a rain garden!

A rain garden is a simple and practical addition to your yard. Locate it where water runs off or accumulates. In a nutshell, excavate to about one foot, add gravel for drainage, then soil and mulch. Using native plants ensures lower maintenance. The result adds both aesthetic and monetary value to your property and prevents drainage that can carry contaminants. Specifics are contained in *A Planting Guide for Riparian Sites Along the CT Coast* at [www.rogerslakewestshores.com/lake\\_health](http://www.rogerslakewestshores.com/lake_health). For a

copy of *Landscape Suggestions for Inland Waterside Properties* by Old Lyme Conservation Commission member Marianne Pfeiffer, which contains a list of appropriate and easily available plants, email [rogerslakehealth@gmail.com](mailto:rogerslakehealth@gmail.com).

For homeowners with waterfront property, barrier plantings are a simple means of preventing runoff as well as discouraging geese from visiting. Goose droppings are not only unsightly, but their fecal matter contains coliform and streptococcus bacteria that is 5-10 times greater than that of a human! You will be protecting your family as well as the water quality.

Ornamental grasses (not turf/lawn grasses) are effective in clusters as barrier plantings. Examples are creeping bentgrass, meadow foxtail, tussock sedge, switch grass, and ribbon grass. Visit *A Planting Guide for Riparian Sites Along the CT Coast* at [www.rogerslakewestshores.com/lake\\_health](http://www.rogerslakewestshores.com/lake_health).

In order to connect with Old Lyme residents on this topic, the Conservation Commission partnered with the Lyme/Old Lyme Rowing Association and Girl Scout Sarah Kukich for the Rogers Lake Race to the Stake 2011/Rowing with a Reason in August 2011. Sarah, an avid rower, organized this event towards earning her Gold Award, the highest achievement in Girl Scouts. Her goals were to promote water safety, improve the environmental health of Rogers Lake, and practice community friendship. The event include an Open House for residents, and members of the OL Conservation Commission hosted a table to provide information to residents on creating barrier plantings and rain gardens – both appropriate steps for all homeowners in Old Lyme.

Also, a representative from the CT Department of Energy and Environmental protection (DEEP) recruited volunteers to attend a training program. They would then help monitor the state boat launch on Grassy Hill Road. This action is vital to preventing hitc hiking aquatic plants that enter a body of water in boat motors and then quickly establish themselves and become a major problem.

All runoff in Old Lyme affects water quality by draining into either Rogers Lake, Long Island Sound, or the Connecticut River. So, let's each do a small part to preserve the quality of our drinking water, and keep our families healthy!

— *Maureen Plumleigh, Member, Old Lyme Conservation Commission and Rogers Lake West Shores Association's Committee for the Health of Rogers Lake*

The Shoreline Soup Kitchens & Pantries provides food and fellowship to those in need. Serving the towns of Essex, Chester, Clinton, Madison, Old Saybrook, East Lyme, Lyme, Old Lyme, Killingworth, Westbrook and Deep River.

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